WHAT IS FINANCIAL WELLNESS?

Financial wellness is the state of mindfully managing your money, instead of your money managing you.

- Living Within Your Means
- Having a Written Financial Plan
- Being Financially On Track for Retirement
- Not Having to Worry About Your Finances
- Meeting Financial Obligations While Managing Debt

Track Your Spending

Make Conscious Financial Decisions

Raise Your Personal Financial Awareness

Create and Abide By a Budget

Perform an Annual Financial Check-Up